




S.T.A.R. CENTRAL
2144 EAST ROOSEVELT ST.
PHOENIX, ARIZONA

85006
New Member Intake
10:00—12:00 M—F

February 2012

Please visit our web site for applications, Schedules etc.
www.thestarcenters.org

Telephone 602.685.1295
Fax number
602.685.1298
M-F 7am—4 pm
SAT 7 am —2 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>M-F Arts and Crafts 9-11:30</i> <i>Music Therapy ASU 11-1 Tuesdays</i>		1 <i>IIS COOKING CLASS @ 10:00 A.M.</i> <i>Coping Skills</i> <i>Budgeting</i>	2 <i>Clothing Closet 2:00</i> <i>Anxiety Disorder</i> <i>Depression</i>	3 <i>Swap meet 10:30 –12</i> <i>Food Share @ 2:00</i> <i>Weeks end Wrap up</i> <i>Stress Management</i>	4 MOVIE & LUNCH
5 CLOSED	6 <i>Goal Setting</i> <i>Health and Wellness</i> <i>Meal planning</i>	7 CLOSED All Staff Training	8 <i>IIS COOKING CLASS @ 10:00 A.M.</i> <i>Coping Skills</i> <i>Budgeting</i>	9 <i>Drumbeat 10:30-12</i> <i>Clothing Closet 2:00</i> <i>Anxiety Disorder</i> <i>Depression</i>	10 <i>Bowling 10-12</i> <i>Food Share @ 2:00</i> <i>Weeks end Wrap up</i> <i>Stress Management</i>	11 MOVIE & LUNCH
12 CLOSED	13 <i>AZ Centennial fest 10-12</i> <i>Goal Setting</i> <i>Health and Wellness</i>	14 <i>Bingo @ 1:30</i> <i>Anger management</i> <i>Self-Esteem</i> <i>Music Therapy ASU</i>	15 <i>IIS COOKING CLASS @ 10:00 A.M.</i> <i>Coping Skills</i> <i>Budgeting</i>	16 <i>Clothing Share 2:00</i> <i>Members Meeting @ 11:30</i> <i>Anxiety Disorder</i>	17 <i>Bowling 10-12</i> <i>Food Share @ 2:00</i> <i>Weeks end Wrap up</i> <i>Stress Management</i>	18 MOVIE & LUNCH
19 CLOSED	20 CLOSED Presidents' day	21 <i>Bingo @ 1:30</i> <i>Anger management</i> <i>Self-Esteem</i> <i>Music Therapy ASU</i>	22 <i>IIS COOKING CLASS @ 10:00 A.M.</i> <i>Coping Skills</i> <i>Budgeting</i>	23 <i>All site activities @ Central 10-1</i> <i>Clothing Closet 2:00</i> <i>Anxiety Disorder</i>	24 <i>Bowling 10-12</i> <i>Food Share @ 2:00</i> <i>Weeks end Wrap up</i> <i>Stress Management</i>	25 MOVIE & LUNCH
26 CLOSED	27 <i>Goal Setting</i> <i>Health and Wellness</i> <i>Meal planning</i>	28 <i>Bingo @ 1:30</i> <i>Anger management</i> <i>Music Therapy ASU</i> HOT Breakfast	29 <i>IIS COOKING CLASS @ 10:00 A.M.</i> <i>Coping Skills</i> <i>Budgeting</i>		<i>Computer lab open daily 9-12 and 1:30-3:00 pm</i> <i>Walking everyday</i>	